



Quick Decluttering

Simple steps to get the job done; 1 drawer, 1 shelf at a time.

- Set a timer for 15”.

If you want to keep going after that, set it for another 15.

- Pull out the favorites.

This is the stuff you love or use a lot. I don't like to pull *everything* out first- too overwhelming for me.

- Throw away the obvious.

- Pull out everything that's left.

- Put back the favorites.

- Look at the what's left pile.

Is it chipped or broken? If you were moving, would you keep it? Only put back what fits and what you think you'll use.

- Yes- you might make a mistake.

I gave away our Barney years ago, and I'll never hear the end of it. Oops. Be sure it's yours to give away. Make room for a bin (or a few) somewhere for "stuff I can let go of but they can't".

